

○About JABCT

The Japanese Association of Behavioral and Cognitive Therapies (hereinafter referred to as the "JABCT") is a multidisciplinary organization committed to the promotion and dissemination of basic cognitive and behavioral theories, development of intervention techniques, treatment of various problem behaviors and symptoms, and enhancement of research, clinical practice, education, and training activities. Originally founded in 1976 as the Japanese Association of Behavior Therapy, JABCT currently has a membership of over 2300 individual clinicians, researchers, and those in professional training, making it the largest CBT-based professional association in Japan. JABCT activities cover a wide range of professional fields, including psychiatry, psychosomatic medicine, disability studies, clinical psychology, dentistry, education, public welfare, corrections, health care, rehabilitation, and stress management.

○Activities

JABCT offers the following activities and services:

●Annual convention and other events

Over 150 symposiums, workshops, poster presentations, and clinical case studies are presented every year by JABCT members in our convention. The workshops are accredited as short-term training sessions for qualified clinical psychologists. Also held annually are clinical case conferences (colloquium) and JABCT-sponsored educational seminars.

●Journal

The official JABCT academic journal, *Japanese Journal of Behavioral and Cognitive Therapies*, is published three times a year and distributed to all members. English abstracts are available for all articles on the J-Stage e-journal platform: <https://www.jstage.jst.go.jp/browse/jjbct/-char/en>

●JABCT Award (Uchiyama Memorial Award)

The Uchiyama Memorial Award is presented in recognition of authors who have made outstanding research contributions to the *Japanese Journal of Behavioral and Cognitive Therapies*. The award is named after Kikuo Uchiyama, the first president (1976-1994) of the Japanese Association of Behavior Therapy.

●Accreditation

The JABCT offers the accreditation of Behavior Therapy Specialist, Advanced Behavioral Therapy Specialist, JABCT Accredited Cognitive Behavioral Therapist, and JABCT Accredited CBT supervisor. Certification requirements are evaluated in accordance with corresponding provisions.

●International Funding Program

JABCT offers a funding program covering registration and travel/ accommodation fees for international academic conferences. PhD students and early career academics have been awarded grants to present their research in various international conferences, including the World Congress of Cognitive and Behavioral Therapies (WCCBT) and Asian Cognitive Behaviour Therapy Conference (ACBTC)).

○Contacts

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