

ACBTA MEET-THE-EXPERT TALK

The Dialectical Behavior Therapy for Non-suicidal Self-Injury Behavior: Effectiveness and Mechanism



Prof Dr Chun Wang



Dr Sichu Wu

Nanjing Brain Hospital of
Nanjing Medical University

Date: **14 October 2023 (Saturday)**

Time: **1.30pm (Pakistan) / 2.00pm (India) /
4.30pm (China) / 5.30pm (Korea/Japan)**

Venue: **Zoom** (Link given upon registration)

Register at: <https://tinyurl.com/mr3xuf5f> or scan QR:



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SPEAKER PROFILE

Prof. Dr. Chun Wang is a senior psychiatrist and psychologist at Nanjing Brain Hospital, Nanjing, China. She is the Group leader of the Dialectical Behavior Therapy Group of China, Vice Chair of Cognitive Behavior Therapy committee of Chinese Association for Mental Health, Deputy Director of Cognitive Behavior Therapy Institute of Nanjing Medical University, Deputy Director of Jiangsu Depression Center, Deputy Director of Mood Disorders Department, Nanjing Brain Hospital, Nanjing Medical University, Director of Nanjing Brain Hospital Mental Health Center, and Co-chair of Asia Pacific Dialectical Behavior Therapy Association Transitional Board. Prof. Wang has over 20 years of experience in CBT practice, teaching, training and research. She is renowned for the research and publications in the fields of neurobiological mechanisms of CBT. Since 2019, Prof. Wang has led a multi-center study to explore the neurobiological mechanisms of DBT treating NSSI behaviors in China.

Dr. Sichu Wu is a psychiatrist in Nanjing Brain Hospital, Nanjing, China. She is now the Executive member of Asia Pacific Dialectical Behavior Therapy Association Transitional Board. Dr. Wu has focused her research on the neural mechanisms of NonSuicidal Self Injury behaviors.